



Kids deserve the best.



Rock County Family Resource Center
32 E Racine Street, Suite 190
Janesville, WI 53545
Phone: (608)314-9006

Want to know what is going on with us?

Our office doors are closed but we have been providing support and services to our home visiting families throughout the entire COVID-19 pandemic. We are accepting referrals for our Healthy Families Rock County home visiting program. To be initially eligible, participant must be pregnant or have little one under 3 months old. Our home visiting program is FREE & VOLUNTARY for ALL Rock County families to provide support and education regarding child development, parenting, child development screenings and referrals.

Please email our office at JRevels@chw.org with name, address, phone number of participants who could benefit from our Healthy Families home visiting program!

We now have 3 bilingual Home Visitors in our home visiting program

Quieres saber qué está pasando en nuestra oficina?

Las puertas de nuestra oficina siguen cerradas en este momento, Pero todavía hemos estado brindando apoyo y servicios para nuestras familias durante la pandemia de Covid-19. Ahora estamos aceptando aplicaciones para nuestro programa de visitas a hogares del Condado de Rock- Familias Saludables. Para ser elegible inicialmente, la participante debe estar embarazada o tener un menor de 3 meses. Nuestro programa de visitas a hogares es GRATUITO y VOLUNTARIO para todas las familias del Condado de Rock. El programa brinda apoyo y educación sobre el desarrollo infantil, la crianza de los hijos, las evaluaciones y referencias de desarrollo infantil. ¡Envíe un correo electrónico a nuestra oficina jRevels@chw.org con el nombre, la dirección y el número de teléfono de los participantes que podrán beneficiarse de nuestro programa de visitas a hogares para familias saludables!

Ahora tenemos 3 representantes bilingües en nuestro programa de visitas a hogares.

Please visit and share our Facebook Page <https://www.facebook.com/RockCountyFRC/> where you will see our staff doing weekly activities geared towards families. Activities include easy to make at home craft ideas for parents and kids, story time and other fun activities to support families. Tune in on Tuesdays to view Tuesdays with Tory or Wednesdays for Miercoles con Marisol in Spanish!



Virtual Play & Learn Group

Birth to 5! (Siblings welcome)

**Join us for some virtual fun activities
to learn & grow!**

Join us June 25th

10am - 11am

Via Zoom

**Virtual Play & Learn Group – will need to register by
texting Home Visitor, Tory at # 608-352-1735 – name
and email to participate in the virtual group. Tory will
email them the link to the play & learn group.**

You need to download zoom app.

**Must have own media device/equipment to participate in the
virtual Play-N-Learn**

Like us Facebook: <https://www.facebook.com/RockCountyFRC/>



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NURTURING PARENT **Virtual** CLASSES

Join us for FREE six session evidence based parenting classes:

Must have own media device/equipment to participate in the virtual parenting classes

Class topics include:

- The Philosophy and Practice of Nurturing Parent
- Ages & Stages
- Brain Development in Children & Teens
- Communicating with Respect
- Building Self-Worth
- Understanding Feelings
- Family Morals, Values & Rules
- Praising Children & Their Behavior
- Alternatives to Spanking
- Dealing with Stress



- **Classes Begin: Monday, June 15**

- **Last Class: Monday, July 20**

- **Classes are on Mondays 5pm-6pm**

All classes must be attended to get your Certificate.

Please call to attend class Please contact Janelle at 608-931-3237

To be registered we will need your name, phone number & email address



Newborn Nest

What is it? The newborn nest is a portable bassinet that promotes safe sleep for your newborn. It comes with the nest, a mattress, two sets of sheets, a sleep sack, book, and pacifier.

How can I get a FREE one? Newborn nest are offered through Children's Wisconsin-Rock Co. Family Recourse Center

Interested? Please call Janelle at (608)931-3237 or email her at Jrussotto@chw.org



WE  SAFE SLEEP

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Nido de recién Nacido

Cómo puedo obtener uno Gratis? Los nidos de recién nacidos se ofrecen en el condado de Rock a través de Children's Wisconsin-Family Resource Center in Janesville. Estás interesado? Por favor llamar a Lucia a (608) 931-3362 o envíale un correo electrónico a lcortez@chw.org



Promovemos prácticas seguras de dormir para bebés

